

Day One
ROMANS 6:1-14

Dwell

Now that Jesus has paid the price for our righteousness and we have accepted His salvation through faith, our lives should look like His: He died for our sins; we die to our own sinfulness. He was crucified; we destroy the part of ourselves that gave in to sin. He was raised from the grave; we are alive in Jesus, able to triumph over our sin.

➤ .01 WHAT INSTRUCTIONS DOES THIS PASSAGE GIVE FOR LIVING FREE FROM SIN (VV. 12-13)?

➤ .02 ASK GOD TO REVEAL TO YOU THE AREAS WHERE SIN HAS CONTROL OVER YOU.

Memorize

Write each word from this week's verse on a different index card. Mix them up and then place them in order.

Pray

Thank God that salvation in Jesus gives you the power over your sin.

Day Two
ROMANS 6:15-23

Dwell

Once you choose to believe Jesus for salvation, you begin a new life in Christ. Before Jesus, you were enslaved to sin; after Jesus, you choose to be enslaved to righteousness. That's a "slavery" you should want: Because Jesus set you free from the power of sin, you want to live according to His righteousness.

↻ .01 WHAT IS THE OUTCOME OF SIN (V. 21)? WHAT IS THE OUTCOME OF SANCTIFICATION (V. 22)?

↑ .02 HOW IS OUR ETERNAL LIFE DESCRIBED IN VERSE 23? WHAT DOES THAT REVEAL ABOUT GOD?

Memorize

Use a dry erase marker to write this week's verse on a mirror. Say it aloud. For a challenge, erase one word and say it again. Repeat!

Pray

Praise God that He set you free from sin and gives the gift of eternal life.

Day Three
ROMANS 7:1-6

Dwell

Using the illustration of marriage, Paul explains that Jews who were once bound to follow the law are set free from that obligation because of the death of Jesus. Once you choose to walk in believing faith, you are no longer bound to follow every rule to be right with God; Jesus makes you right with God. Instead, you choose to obey the Spirit, who lives in you.

← .01 WHAT CONFLICT WOULD THIS HAVE CAUSED WITH JEWS WHO STILL FOLLOWED THE LAW?

↔ .02 HOW DOES THIS PASSAGE HELP EXPLAIN WHY A BELIEVER CHOOSES NOT TO SIN?

Memorize

Write down just the important words from this week's verse (nouns, verbs, adjectives). Try to say the verse aloud by filling in the other words.

Pray

Ask God to give you a mature understanding of this passage, choosing to die to sin.

Day Four
ROMANS 7:7-13

Dwell

The sinful nature inherent in every human (Rom. 5:12-21) is made evident when we encounter the law: we see the rule and we want to break it. So even though God's law was good, it revealed the sin that was inside us. Each time we become aware of our sin through our breaking of God's laws, we're expressing again our need for God's salvation.

↘ .01 HOW DOES THIS PASSAGE EXPLAIN THE REASON WE FEEL GUILT OVER DOING BAD THINGS?

➤ .02 HOW SHOULD WE RESPOND WHEN WE SEE SIN IN OUR LIVES?

Memorize

Make up motions for each short phrase in this week's verse. Practice saying it aloud as you do the motions.

Pray

Confess any sin that comes to mind right now. Thank God that He enlightens and enables you to repent of your sin.

Day five
ROMANS 7:14-25

Dwell

In this passage, Paul echoes the words of every believer: He wants to live obediently to God and not sin, but he struggles! Though we want to live for Jesus and reflect Him in our lives, we still find ourselves sinning, revealing that the sin nature in us is still alive. The war between our sin nature and our redeemed nature is ongoing.

↻ .01 HOW WOULD YOU DESCRIBE PAUL'S EMOTIONS AND ATTITUDE IN THIS PASSAGE?

↻ .02 HOW CAN YOU TURN VERSE 25 INTO A PRAYER RIGHT NOW? HOW CAN YOU REPEAT IT THROUGH THE DAY?

Memorize

Try to set this week's verse to a simple kids' song. Sing it aloud during your down time.

Pray

Ask God to help you forgive yourself for your sins and renew your excitement to live for Him.